

**Personal history (As of September 5, 2024)**

English version

**Naohiro Hohashi, PhD, RN, PHN, LSN, HS, FAAN**  
**Transcultural Nursing Scholar, Caritas Coach, Certified Advanced Specialist in Family Support (CASFS),**  
**Ordained Buddhist Priest**

Professor, Division of Family Health Care Nursing (Certified Nurse Specialist [CNS] in Family Health Nursing Program), Graduate School of Health Sciences, Kobe University, Japan  
Personal portal site: <https://nursingresearch.jp/>

Dr. Naohiro Hohashi graduated from the Faculty of Medicine, The University of Tokyo in 1989. He withdrew from the Graduate School of Medicine, The University of Tokyo in 1993 and obtained a PhD from the same university in 1995. While in graduate school he was engaged in research on oncogenes, but upon graduating he decided to move to the world of nursing. When the Department of Family Nursing, The University of Tokyo was initiated, he assumed the post of Assistant Professor. After holding the post of Lecturer (Associate Professor) at The University of Tokyo (Department of Family Nursing) and other positions, he became full professor in 2006 at the School of Medicine, Kobe University (Child and Family Health Care Nursing). Based on the government's policy with overriding priority for graduate school in 2008 he became full professor at the Graduate School of Health Sciences, Kobe University (Division of Family Health Care Nursing). At the same time, at the Master's Course he started the program for Certified Nurse Specialist (CNS) in Family Health Nursing, a specialty unique to Japan. He also serves as head of the Division of Nursing (Undergraduate School) and Department of Nursing (Graduate School). Underwent pediatric nurse internship at The University of Tokyo Branch Hospital, Toho University Ohashi Hospital, Johns Hopkins Children's Center and MassGeneral Hospital for Children.

Dr. Hohashi's field of specialization is family health care nursing (particularly studies on family functioning and family signs/symptoms) and pediatric nursing. Among his internationally noted works on theory are the Concentric Sphere Family Environment Theory (CSFET) in 2005; the Family Care/Caring Theory (FCCT) in 2013 and the Family Belief Systems Theory (FBST) in 2018, among others, which have found acceptance and are in use in various countries. He has been a recipient of funding for more than 40 research projects. He is an expert in computer science.

He was named a Transcultural Nursing Scholar by the Transcultural Nursing Society in 2014. In 2015 he received the Innovative Contribution to Family Nursing Award from the International Family Nursing Association. In 2016 he was named a Fellow of the American Academy of Nursing (FAAN) by the American Academy of Nursing (AAN). Among numerous other certifications, he has qualified as a Caritas Coach. He was ordained as a priest (Buddhist appellation: Takuetsu) in the Koyasan Shingon Sect of Buddhism in 2021.

Among his international activities, he has served as a member of the Board of Directors of the International Family Nursing Association; as an editorial board member of the *Journal of Transcultural Nursing*; as an Editorial Advisory Board of the *International Journal for Human Caring*; as an editorial board member of the *International Journal of Nursing Sciences*; as an editorial board member of the *Journal of Holistic Nursing*; as an editorial board member of the *International Journal of Indonesian National Nurses Association*; as an editorial board member of the *Japan Journal of Nursing Science*; as the Editor-in Chief of the *Journal of International Nursing Research*; as a Chairperson at the 35th International Association for Human Caring Conference; and as a Chairperson at the Transcultural Nursing Society Conference in Japan 2020, among others. In Japan, he has served as a member of the Board of Directors of the Japanese Association for Research in Family Nursing; as a member of the Board of Directors of the Japan Society of Nursing Research; as the Editor-in-Chief of the *Journal of Japan Society of Nursing Research*; as a member of the Board of Directors of the Society of Cultural Nursing Studies; and as a Trustee for the Japanese Society of Child Health Nursing, among others. Through his involvement in various academic activities in Japan and abroad, he continues to promote international exchanges.

He has also been involved in the authorship and publication of over 100 works, including "New family health care nursing: Theory, practice and research" (2010 by Medical Friend Sha in Japan), and published over 100 original articles, including "Development of the Concentric Sphere Family Environment Model and companion tools for culturally congruent family assessment" (*Journal of Transcultural Nursing*, 2011). Is involved in the development and production of various health-related products, including a CD ("Medical sounds: Healing environment sounds and noise") and "Medical essential oils."

Among his hobbies and pursuits are heavy metal band activities, auto racing, photography and programming. His personal motto is "Life is a struggle against oneself. So win the struggle against oneself!" Although he feels he has not been imbued with worldly values, he has always strived to live a life of honesty and truth.



个人简历 (截止 2024 年 9 月 5 日)

Simplified Chinese version

## 法桥 尚宏

神户大学健康科学研究生院护理学专业 (家庭支援 CNS 课程) · 教授

个人网站: <https://nursingresearch.jp/>

法桥尚宏教授于 1989 年从东京大学医学院本科毕业, 随后考入东京大学医学研究生院, 就读该学院的 5 年制硕博课程。由于提前完成博士研究项目, 于 1993 年从东京大学医学研究生院中退, 最终于 1995 年获得了该大学的博士学位。就读于东京大学医学研究生院期间, 法桥教授主要致力于癌基因的研究, 但毕业后他决定放弃这方面的研究转而从事护理学研究。他在担任了东京大学医学院 (家庭护理专业) 讲师 (助教) 等职务后, 于 2006 年正式担任神户大学医学院 (儿科·家庭护理学科) 教授一职。随着大学体制改革, 于 2008 年开始担任神户大学医学院健康科学研究生院 (家庭护理专业) 教授一职。同时, 在硕士研究生阶段的课程里, 开设了家庭健康护理学专家护士 (Certified Nurse Specialist: CNS) 课程。他还历任护理系主任 (本科), 护理系主任 (研究生院) 等职。于东京大学医学部附属医院分院, 东邦大学医学部附属大桥医院, Johns Hopkins Children's Center, MassGeneral Hospital for Children 小儿科临床研修。

法桥教授的学术专业领域是家庭护理学 (主要研究家庭机能和家庭症候学) 和儿科护理学, 还是世界闻名的理论家, 计算机科学方面的专家。他的家庭同心球环境理论 (2005), 家庭护理理论 (2016), 家庭信仰系统理论 (2018) 等理论, 一经发表, 就被世界多国翻译使用。他已获得了超过 40 项研究项目的研究资金。

他于 2014 年被 Transcultural Nursing Society 评选为 Transcultural Nursing Scholar; 2015 年, 法桥教授荣获 International Family Nursing Association 颁发的 Innovative Contribution to Family Nursing Award; 2016 年被 American Academy of Nursing (AAN) 授予看护届最高荣誉称号 Fellow of the American Academy of Nursing (FAAN)。他拥有众多证书, 其中包括 Caritas Coach。2021 年, 他成为高野山真言宗的僧, 并被赋予和尚名“拓説”。

法桥教授在其参与的国际活动中, 担任了 International Family Nursing Association 理事会成员; *Journal of Transcultural Nursing* 编委会成员; *International Journal for Human Caring* 编辑顾问委员; *International Journal of Nursing Sciences* 编委会成员; *Journal of Holistic Nursing* 编委会成员; *International Journal of Indonesian National Nurses Association* 编委会成员; *Japan Journal of Nursing Science* 编委会成员; *Journal of International Nursing Research* 主编; 35th International Association for Human Caring Conference 主席; 以及 Transcultural Nursing Society Conference in Japan 2020 主席等职务。在日本国内, 还担任了 Japanese Association for Research in Family Nursing 理事会成员; Japan Society of Nursing Research 理事会成员; *Journal of Japan Society of Nursing Research* 主编; Society of Cultural Nursing Studies 理事会成员; 以及 Japanese Society of Child Health Nursing 评议员等职务。与此同时还作为日本国内外的学术界的中枢, 推进着国际交流。

法桥教授倾心著作了《新家庭护理学: 理论, 实践和研究》(2010 年 Medical Friend Sha in Japan) 等, 上百部书籍。发表了“Development of the Concentric Sphere Family Environment Model and companion tools for culturally congruent family assessment, *Journal of Transcultural Nursing*, 2011”等, 上百篇原著论文。此外, 法桥教授正在亲自参与开发制作“医学声音: 治愈系环境音乐和噪音”, “医学精油”等健康产品。

他的业余爱好包括重金属乐队演奏, 赛车, 摄影和编程。他的座右铭是“人生就是一场与自己的战斗。战胜自己!” 尽管他觉得自己没有受到世俗价值观的熏陶, 但他一直努力过着诚实和真实的生活。



個人簡歷 (截止 2024 年 9 月 5 日)

## 法橋 尚宏

神戶大學健康科學研究生院護理學專業 (家庭支援 CNS 課程) · 教授

個人網站: <https://nursingresearch.jp/>

法橋尚宏教授於 1989 年從東京大學醫學院本科畢業，隨後考入東京大學醫學研究生院，就讀該學院的 5 年制碩博課程。由於提前完成博士研究項目，於 1993 年從東京大學醫學研究生院中退，最終於 1995 年獲得了該大學的博士學位。就讀於東京大學醫學研究生院期間，法橋尚宏教授主要致力於癌基因的研究，但畢業後他決定放棄這方面的研究轉而從事護理學研究。他擔任了東京大學醫學院 (家庭護理專業) 講師 (助教) 等職務後，於 2006 年正式擔任神戶大學醫學院 (兒科 · 家庭護理學科) 教授一職。隨著大學體制改革，法橋教授於 2008 年開始擔任神戶大學醫學院健康科學研究生院 (家庭護理專業) 教授一職。同時，在碩士研究生階段的課程里，開設了家庭健康護理學專家護士 (Certified Nurse Specialist: CNS) 課程。他還歷任護理系主任 (本科)，護理系主任 (研究生院) 等職。於東京大學醫學部附屬醫院分院，東邦大學醫學院附屬大橋醫院，Johns Hopkins Children's Center, MassGeneral Hospital for Children 小兒科臨床研修。

法橋教授的學術專業領域是家庭護理學 (主要研究家庭機能和家庭症候學) 和兒科護理學，還是世界聞名的理論家，計算機科學方面的專家。他的家庭同心球環境理論 (2005)，家庭護理理論 (2016)，家庭信仰系統理論 (2018) 等理論，一經發表，就被世界多國翻譯使用。他已獲得了超過 40 項研究項目的研究資金。

他於 2014 年被 Transcultural Nursing Society 評選為 Transcultural Nursing Scholar; 2015 年，法橋教授榮獲 International Family Nursing Association 頒發的 Innovative Contribution to Family Nursing Award; 2016 年被 American Academy of Nursing (AAN) 授予看護屆最高榮譽稱號 Fellow of the American Academy of Nursing (FAAN)。他擁有眾多證書，其中包括 Caritas Coach。2021 年，他成為高野山真言宗的僧，並被賦予和尚名“拓說”。

法橋教授在其參與的國際活動中，擔任了 International Family Nursing Association 理事會成員; *Journal of Transcultural Nursing* 編委會成員; *International Journal for Human Caring* 編輯顧問委員; *International Journal of Nursing Sciences* 編委會成員; *Journal of Holistic Nursing* 編委會成員; *International Journal of Indonesian National Nurses Association* 編委會成員; *Japan Journal of Nursing Science* 編委會成員; *Journal of International Nursing Research* 主編; 35th International Association for Human Caring Conference 主席; 以及 Transcultural Nursing Society Conference in Japan 2020 主席等職務。在日本國內，還擔任了 Japanese Association for Research in Family Nursing 理事會成員; Japan Society of Nursing Research 理事會成員; *Journal of Japan Society of Nursing Research* 主編; Society of Cultural Nursing Studies 理事會成員; 以及 Japanese Society of Child Health Nursing 評議員等職務。與此同時還作為日本國內外的學術界的中樞，推進著國際交流。

法橋教授傾心著作了《新家庭護理學：理論，實踐和研究》(2010 年 Medical Friend Sha in Japan) 等，上百部書籍。發表了“Development of the Concentric Sphere Family Environment Model and companion tools for culturally congruent family assessment, *Journal of Transcultural Nursing*, 2011”等，上百篇原著論文。此外，法橋教授正在親自參與開發製作“醫學聲音：治愈系環境音樂和噪音”，“醫學精油”等健康產品。

他的業餘愛好包括重金屬樂隊演奏，賽車，攝影和編程。他的座右銘是“人生就是一場與自己的戰鬥。戰勝自己！”儘管他覺得自己沒有受到世俗價值觀的熏陶，但他一直努力過著誠實和真實的生活。



略歴 (2024年9月5日現在)

法橋 尚宏 (ほうはし なおひろ)

神戸大学大学院保健学研究科家族看護学分野 (家族支援 CNS コース)・教授

個人ポータルサイト：<https://nursingresearch.jp/>

1989年東京大学医学部卒業. 1993年東京大学大学院医学系研究科博士課程中退, 1995年博士号取得. 大学院在籍時はがん遺伝子の研究に勤しんだが, その後は看護学の世界に転向を決意. 東京大学医学部家族看護学講座の開設時に, 教官 (助手) として着任. 東京大学大学院医学系研究科 (家族看護学分野)・講師などを経て, 2006年神戸大学医学部 (小児・家族看護学講座)・教授. 大学院重点化 (大学院部局化) により, 2008年神戸大学大学院保健学研究科 (家族看護学分野)・教授. 同時に, 大学院博士課程前期課程において, 家族支援専門看護師 (Certified Nurse Specialist, CNS) コースを開設. 看護学領域長 (大学院), 看護学専攻長 (学部) などを歴任. 東京大学医学部附属病院分院, 東邦大学医学部附属大橋病院, Johns Hopkins Children's Center, MassGeneral Hospital for Children において小児科臨床研修.

専門は, 家族看護学 (主に家族機能学と家族症候学) と小児看護学. 世界的に著名な理論家であり, 2005年に家族同心球環境理論, 2013年に家族ケア/ケアリング理論, 2018年に家族ビリーフシステム理論などを公表し, 世界中で翻訳されて利用されている. 競争的研究資金の獲得は40件以上. コンピュータサイエンスにも詳しい.

2014年 Transcultural Nursing Society より Transcultural Nursing Scholar の称号を授与. 2015年 International Family Nursing Association より Innovative Contribution to Family Nursing Award を授与. 2016年 American Academy of Nursing (AAN) より看護界の最高名誉となる Fellow of the American Academy of Nursing (FAAN) の称号を授与. その他, Caritas Coach など, 多数の資格を保有. 2021年, 高野山真言宗の僧侶となり, 法名“拓説”を授かる.

日本国外での活動としては, International Family Nursing Association 理事, *Journal of Transcultural Nursing* 編集委員, *International Journal for Human Caring* 編集顧問委員, *International Journal of Nursing Sciences* 編集委員, *Journal of Holistic Nursing* 編集委員, *International Journal of Indonesian National Nurses Association* 編集委員, *Japan Journal of Nursing Science* 編集委員, *Journal of International Nursing Research* 編集長, 35th International Association for Human Caring Conference 会長, Transcultural Nursing Society Conference in Japan 2020 会長などを歴任. 日本国内では, 日本家族看護学会理事, 日本看護研究学会理事, 日本看護研究学会雑誌編集委員長, 文化看護学会理事, 日本小児看護学会評議員などを歴任. 国内外の学術界の中枢を担い, 国際交流を推進している.

著書は, 『新しい家族看護学: 理論・実践・研究 (法橋尚宏編集), メヂカルフレンド社, 2010』など, 100冊以上. 原著論文は, “Development of the Concentric Sphere Family Environment Model and companion tools for culturally congruent family assessment, *Journal of Transcultural Nursing*, 2011”など, 100本以上. 健康関連製品として, “メディカル・サウンド: ヒーリング環境音とノイズ” “メディカル・エッセンシャルオイル” などの開発・製造を手がけている.

ヘヴィメタルバンド活動, カーレース, 写真, プログラミングを趣味とする. 座右の銘は“人生は自分との戦いである. 自分に勝て!”である. 世俗的な価値に恵まれなかったと感じるが, 愚直にして真実を貫く生き方を志してきた.

